



## **Conductive Education Programs**

Conductive Education (CE) teaches children and adults with physical disabilities such as cerebral palsy, dyspraxia, multiple sclerosis, Parkinson's, stroke and head injury how to overcome their movement difficulties. CE is a systematic and holistic approach to develop problem-solving skills through an educational program for people with cerebral palsy and motor disorders. It is not a therapy, but a multidisciplinary system that enhances the child's physical, cognitive, social skills and emotional wellbeing.

### **March of Dimes**

A community-based rehabilitation and advocacy charity for people with physical disabilities, helping adults and children learn their way to independence. Their CE program combines learning with rehabilitation for people with motor disabilities. For more information visit:

<http://www.marchofdimes.ca/EN/programs/CE/Pages/ConductiveEducation.aspx>

### **Ability Camp**

Ability Camp's children's programs are offered in several age groups from a preemie or a child that was born full term and suffered complications such as a brain injury or Cerebral Palsy. Their programs help improve gross and fine motor skills, balance, mobility and independence. For more information visit:

[www.abilitycamp.com](http://www.abilitycamp.com)

### **Strive Learning Centre for Children**

Strive Learning Centre for Children is a federally incorporated registered charity, that delivers an intensive form of rehabilitative therapy designed to teach children with Cerebral Palsy and other neurologically based movement disorders, how to move and function to their potential using Conductive Education. Based in Barrie, some weekend getaways and camps are located in other places across Ontario. For more information visit:

<http://striveforchildren.org/>



## **Conductive Learning Center**

The Conductive Learning Center serves children ages 0 through 26 with motor disorders related to complications of prematurity, Cerebral Palsy, Spina Bifidia or brain injury. For more information visit:

<http://conductivelearningcenter.org/>

## **Conductive Education 4U**

Located in Mississauga/Port Credit, this facility provides CE services to those who have Cerebral Palsy, Parkinson's, Multiple Sclerosis, Acquired Brain Injury or people who have survived a stroke. Welcoming people who are interested in CE as a part of their everyday life, or as a daily or weekly program. For more information visit:

<http://www.conductiveeducation4u.com/>

## **Craniosacral Therapy**

Craniosacral Therapy, also called CST or cranial osteopathy is a gentle, non-invasive, hands-on technique that is becoming a treatment of choice in areas of pain, rehabilitation and neurology. CST therapists gently work with the spine and skull, and its cranial sutures, diaphragms, and fascia using their hands as tools. They are able to detect disturbances in the rhythm to help them identify areas of dysfunction, such as cranial, sutural, membrane and other soft tissue restrictions in the body. For more information visit:

<http://www.cranialtherapycentre.com/about-the-centre/what-is-cranialsacral-therapy/>

## **Cuevas Medek Exercises**

Cuevas Medek Exercise (CME) is a physical therapy approach for infants suffering abnormal developmental motor evolution caused by known or unknown on-degenerative syndrome affecting the Central Nervous System. For more information visit:

<http://www.cuevasmedek.com/>



## **Feldenkrais**

The Feldenkrais Method uses a unique combination of gentle exercises and body awareness training to actually improve communication between the brain and the body to restore efficiency and pleasure in movement. For more information visit:

<http://www.feldenkraiscentre.com/>